Form 144 Filer Information UNITED STATES
SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES

PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK 0001250515
Filer CCC XXXXXXXX
Is this a LIVE or TEST Filing? • LIVE • TEST

Submission Contact Information

Name

Phone

E-Mail Address

144: Issuer Information

Name of Issuer

SEC File Number

One M&T Bank Corp

One M&T Plaza

Buffalo

NEW YORK

14203

Phone

Name of Person for Whose Account the Securities are To Be Sold

M&T Bank Corp

One M&T Plaza

Buffalo

NEW YORK

14203

Walters, Kirk W.

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Director

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value			Name the Securities Exchange
Common Stock \$.50 par value	Cowen and Company, LLC 599 Lexington Avenue, 20th Floor New York NY 10022	14971	2264513.46	166854421	05/10/2024	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the	Date you	Nature of	Name of	Is	Date	Amount of	Date of	Nature of
Class	Acquired	Acquisition	Person from	this	Donor	Securities	Payment	Payment *

		Transaction	Whom Acquired	a Acquired Gift?	Acquired	
Common Stock	03/07/2011	Compensation/Vesting of Equity Award	Issuer		2625	03/07/2011 Compensation
Common Stock	03/03/2014	Compensation/Vesting of Equity Award	Issuer		2936	03/03/2014 Compensation
Common Stock	03/01/2015	Compensation/Vesting of Equity Award	Issuer		2073	03/01/2015 Compensation
Common Stock		Compensation/Vesting of Equity Award			1447	03/01/2019 Compensation
Common Stock		Compensation/Vesting of Equity Award			1349	03/01/2020 Compensation
Common Stock	03/01/2021	Compensation/Vesting of Equity Award	Issuer		1891	03/01/2021 Compensation
Common Stock	03/01/2022	Compensation/Vesting of Equity Award	Issuer		1513	03/01/2022 Compensation
Common Stock	04/02/2022	Compensation/Vesting of Equity Award	Issuer		1137	04/02/2022 Compensation

^{*} If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Kirk W. Walters One M&T Plaza Buffalo NY 14203	Common Stock \$.50 par value	03/13/2024	28845	4182525.00
Kirk W. Walters One M&T Plaza Buffalo NY 14203	Common Stock \$.50 par value	05/06/2024	16179	2394730.50
Kirk W. Walters One M&T Plaza Buffalo NY 14203	Common Stock \$.50 par value	05/09/2024	7767	1183613.13

144: Remarks and Signature

Remarks

Date of Notice 05/10/2024

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Stephen Wilson, as attorney-in-fact for Kirk W. Walters

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)