#### FORM 4

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| Check this box if no longer subject to<br>Section 16. Form 4 or Form 5 | STATEMENT |
|--|-----------|
| obligations may continue. See Instruction 1(b).                        | Filed p   |

## T OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

|   |   | Reporting Person* CHAEL R |            |   |   |                               |  |                                   | ker or Tr<br>DRP [ |   |  |              |                 |  | eck all app<br>Dired   | olicable)<br>ctor |  |  | Owner                         |
|---|---|---------------------------|------------|---|---|-------------------------------|--|-----------------------------------|--------------------|---|--|--------------|-----------------|--|--|-------------------|--|--|-------------------------------|
| (Last) (First) (Middle) ONE M&T PLAZA               |   |                           |            |   | 3. Date of Earliest Transaction (Month/Day/Year) 01/28/2004   |                               |  |                                   |                    |   |  |              | 2               | X Officer (give title below) Other (spe below)  Sr. VP & Controller  |  |                   |  |  |                               |
| (Street) BUFFAL                                     | .O N  | <b>Y</b> 1                | 14203-2399 |   |   |                               | 4. If Amendment, Date of Original Filed (Month/Day/Year) |                                   |                    |   |  |              |                 | 6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person |  |                   |  |  | son                           |
| (City)  | (St   |                           | Zip)       |   |   |                               |  |                                   |                    |   |  |              |                 |  |  |                   |  |  |                               |
| Table I - No  1. Title of Security (Instr. 3)       |   |                           |            | on-Derivative  2. Transaction Date (Month/Day/Year) |   | 2A. Deemed<br>Execution Date, |  | 3.<br>Transaction<br>Code (Instr. |                    | 4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 5) |  |              | or 5. Amount of |  | int of<br>es<br>ally<br>Following  | Form<br>(D) or    | wnership<br>n: Direct<br>or Indirect<br>nstr. 4)                         | 7. Nature of Indirect Beneficial Ownership (Instr. 4)              |                               |
|   |   |                           |            |   |   |                               |  |                                   |                    | v   | Amount   | (A) o<br>(D) | Pric            | е  | Transaction(s)<br>(Instr. 3 and 4)   |                   |  |  | (,                            |
| Common Stock  |   |                           |            |   |   |                               |  |                                   |                    |   |  |              |                 |  | 3,600  |                   |  | D  |                               |
| Common  | Stock   |                           |            |   |   |                               |  |                                   |                    |   |  |              |                 |  | 1,   | 400               |  | I  | By Son <sup>(1)</sup>         |
| Common  | Stock   |                           |            |   |   |                               |  |                                   |                    |   |  |              |                 |  | 1,400  |                   |  |  | By<br>Daughter <sup>(2)</sup> |
| Common Stock  |   |                           | 01/28/2004 |   | 01/30/2004  |                               | S  |                                   | 2,172              | D \$9   |  | 0.5          | 937             |  | I  |                   | 401(k)<br>Plan   |  |                               |
| Common Stock  |   |                           | 01/28/2004 |   | 01/30/2004  |                               | S  |                                   | 1,604              | D   | \$9  | 0.5          | 1,606           |  | I  |                   | 401 (k)<br>Plan by<br>Wife   |  |                               |
|   |   | Та                        | ıble II -  |   |   |                               |  |                                   |                    |   | osed of,<br>convertib  |              |                 |  | Owned  |                   |  |  |                               |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | rivative Conversion Date Execution Date, curity or Exercise (Month/Day/Year) if any |                           | on Date,   |   | ansaction of Unstr.  5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) |                               | vative<br>irities<br>ired<br>r<br>osed<br>)              | 6. Date Expirati (Month/          | ion Da<br>Day/Y    |   | Amount of Securities Underlying Derivative Security (Instr. and 4) |              |                 | Price of<br>erivative<br>ecurity<br>nstr. 5)   | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) |                   | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |                               |

#### **Explanation of Responses:**

- 1. These shares are owned by the son of the reporting person under the Uniform Transfers to Minors Act for which the reporting person is custodian.
- 2. These shares are owned by the daughter of the reporting person under the Uniform Transfers to Minors Act for which the reporting person is custodian.

# Remarks:

02/03/2004 Michael R. Spychala

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.